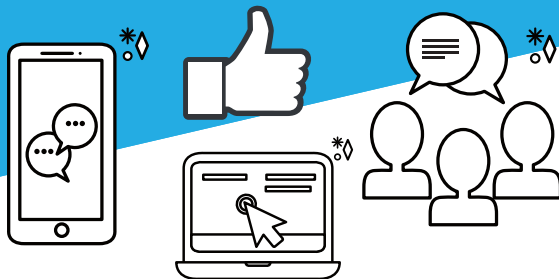


# SENDING NUDES & SEXTING

*This factsheet explains the possible consequences of sending or sharing intimate or sexually explicit messages, images, photos or videos.*

**Sexting refers to the sharing of sexually explicit or nude images, messages and videos online.**

**↑ 86%** *Image-based abuse reports have increased by 86% during COVID-19*  
eSafety Commissioner, April 2020



Elephant Ed is a leading sex education provider to schools across Australia. Elephant Ed sends highly trained, young and relatable facilitators to deliver workshops to tens of thousands of students every year.

# Key issues to be aware of

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## Breakdown in trust

Images may be shared after relationship breakdowns.



## Digital footprint

What goes online, stays online. Explicit images can go viral.



## Peer pressure

Young people are often pressured to send nudes.



## Legal implications

In certain circumstances, sexting can attract legal consequences.

# Elephant Ed's 4 hot tips

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## 1. Collect evidence

Take screenshots of the content before deleting.

## 3. Report

Report to social media service or through eSafety website.

## 2. Delete and untag

Untag and ask those with image to delete and not share further.

## 4. Self-care

Talk to a trusted adult and seek help from support services.

# Support Services

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eSafety Commissioner  
[www.esafety.gov.au](http://www.esafety.gov.au)



Lifeline  
13 11 14



Headspace  
[www.headspace.com.au](http://www.headspace.com.au)



Kids Helpline  
1800 55 1800



Youth Law  
[www.youthlaw.asn.au](http://www.youthlaw.asn.au)

If you believe a child is in immediate danger, call Triple Zero (000).  
For Police non-urgent help, call 131 444 or your local police station.